

SENSORY PLAY IDEAS

INSPIRED BY THE MAGIC OF WORDS

HAPPY

Use brightly colored playdough and other objects to make different faces. Talk about the different emotions. See who can make the funniest face!



STRONG

Pretend you are a construction worker building the strongest building. Have fun with sand, rocks, twigs, blocks, beans etc.



SMART

Learn different animal habitats and make them out of clay or playdough and other items. Make it extra fun with small animal toys!



UNIQUE

Hide small toys or objects into sand/beans/rice etc. Show how they are different or alike by sorting them into categories (e.g. shape, size, color)



LOVE

Play with different sensory items (e.g. playdough/rice/beans/sand/shaving cream etc. Talk about how each one feels. Vote to see which one you love the most!



HOPE

Pretend you are planting a garden. What are you hoping will grow? You can use sand and fake flowers or go outside and dig in the real dirt!

